

PRAYER JOURNALING

DECLARE WHO GOD IS IN YOUR SITUATION.

REMINDE YOURSELF OF WHAT HE HAS DONE FOR YOU OR OTHERS IN THE PAST THAT WOULD ENCOURAGE YOU TO FOCUS ON GOD IN THE SEASON YOU ARE IN.

REMINDE YOURSELF OF PROMISES IN SCRIPTURE THAT APPLY TO YOUR SITUATION, WITHOUT TAKING IT OUT OF CONTEXT.

IN HUMILITY, ASK JESUS FOR HELP IN YOUR SITUATION.

THANK GOD FOR THE HOPE YOU HAVE IN CHRIST AS A FOLLOWER OF HIM. THANK HIM FOR THE ULTIMATE VICTORY HE GAVE US OVER THE ENEMY AND SIN THROUGH THE BLOOD OF CHRIST.

GIVE HIM THANKS FOR THE BLESSINGS IN YOUR LIFE RIGHT NOW.